GENCORP

THE GENCORP PLAYBOOK · 2026 EDITION

Why your trading results swing, and the system that makes them consistent

The rules, the data and the nightly routine behind four profitable years of momentum swing trading.

By Dimitry · Gencorp Trading

11,881
breakouts tested, 2017–2026

30% / 5.4 : 1
win rate / average win vs loss

2027
US Investing Championship

BEFORE YOU START

This playbook is for traders who already know the basics and still can’t get consistent.

You’ve had green weeks. You’ve had red months that erased them. You know what a breakout is, you’ve watched the videos, maybe you’ve paid for a course. The problem isn’t information. It’s that your results swing, and you can’t point to why.

This playbook is the system I use to fix that: the rules, the numbers behind them, and the 10-minute routine I run every night. It’s built from four years of live trading and ten years of research on 11,881 breakouts, not opinions.

Just starting out? Read the appendix, **Starting from zero**, first. Then come back to chapter 1.

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WHO'S WRITING THIS

I was the inconsistent trader first.

I started trading at 16 and lost my entire $2,000 account within months. I followed alert accounts on Twitter, bought mentorships that turned out to be scams, and took trades I didn't understand. I almost quit.

Instead, I studied the best momentum traders, built my own rules, and tested them until I could trust them. I trade that system live, every market day, from my desk.

4th
profitable year (2026)

2027
competing in the US Investing Championship

220+
traders in the Gencorp community

WHAT MEMBERS SAY



"I joined around February and brought in about $36K from a personal account and rollover. Five months later, I crossed $73K. With Dimitry's guidance I reached my goal and learned to trade with real conviction."

Rick · member since February · +103% in about 5 months



"You don't just copy trades, you learn the exact strategies behind them, and all the tools Dimitry uses are provided."

Hub · 10 months in



"Dimitry genuinely wants us to master trading, not just follow signals. The feedback on my trades helped me improve faster than I expected."

Charles · verified member

Member-reported results. Individual results vary and aren't a promise of future returns. The community reports $1.1M+ in combined P&L.

CHAPTER 1

Why your results swing

Inconsistent results almost always come down to the same four problems. None of them is the strategy.

1. Your rules live in your head.

If they aren't written down, they change with your mood. After three losses you tighten them; after three wins you loosen them. That's not one system, it's several, and none of them has an edge.

2. You trade in every market.

Breakouts work when the market is paying for breakouts and fail when it isn't. Most traders keep buying them through a choppy or falling market, then blame the setup.

3. Your size follows your feelings.

Bigger after a win because you feel sure, bigger after a loss to win it back. A few oversized trades decide your month, and they're usually the wrong ones.

4. You judge trades by the result.

A good trade can lose and a bad trade can win. If you grade by P&L, you train yourself to repeat lucky mistakes and abandon good process.

> **Every chapter that follows fixes one of these:** written rules (chapter 4), a market filter (chapter 4), fixed risk (chapters 2 and 4), and a weekly process review (chapter 6).

CHAPTER 2

The edge, in numbers

You don’t need to be right most of the time. You need your winners to be much bigger than your losers, and you need to survive the streaks.

30.1%
win rate on Leader trades

5.4 : 1
average win vs average loss

1%
of the account risked per trade

Here’s the math, from 302 Leader trades over ten years. Out of 100 trades, about 30 win an average of 5.7R and 70 lose about 1.06R. That’s +171R minus 74R: **about +97R over 100 trades, or +0.97R per trade.** At 1% risk, that’s the whole edge.

WHAT THE STREAKS LOOK LIKE

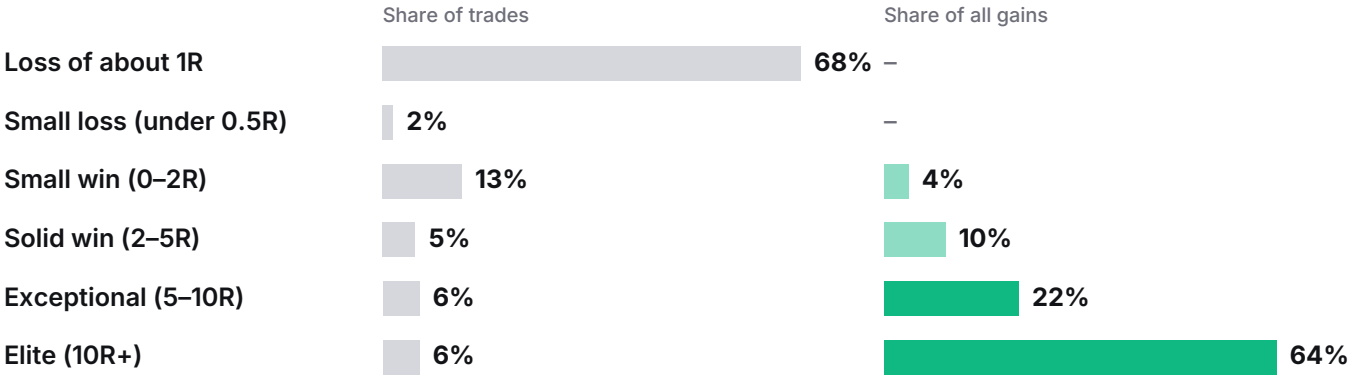
The same rules, replayed on real 5-minute charts from 2017 to 2026, went through stretches that would make most people quit:

12
losses in a row, longest in ten years

47%
stopped out the day they’re bought

39%
worst drawdown at 1% risk

WHERE THE PROFIT COMES FROM



> **The takeaway:** seven trades out of ten lose, and six in a hundred pay for almost everything. If a losing streak makes you change your rules, you’ll skip the trades that pay. Discipline matters more than accuracy.

Backtested results are hypothetical: real 5-minute entries and 0.1% slippage each way, but no commissions, taxes or emotion. Averages cap a single trade at 20R. They don’t predict your returns.

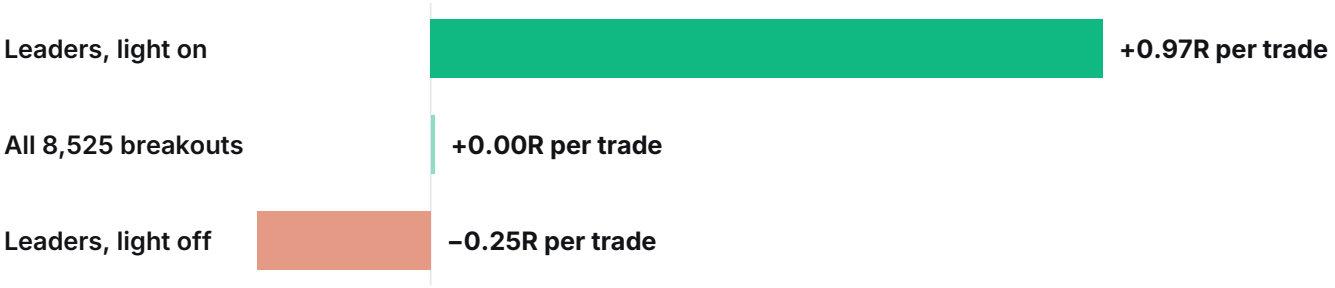
CHAPTER 3

What 11,881 breakouts showed

I replayed every momentum breakout in US stocks from August 2017 to November 2026 on real 5-minute charts, stocks that were later delisted included. Three findings changed how I trade.

Finding 1: most breakouts don’t pay. The leaders do.

Traded one after another with the same entries, stops and exits, 8,525 breakouts averaged almost nothing. The few that were the strongest stock in a leading group (the Terminal tags them as Leaders) carried the whole result:



Same scanner, same entries, same stops. The only difference was being picky.

Finding 2: the market light decides when.

Leader breakouts bought on nights the light was off averaged **−0.25R** a trade. Trading through those nights would have cut the ten-year result by about a fifth. Breakouts during pullbacks inside an uptrend (the caution light) did best in every period.

Finding 3: skip gap-ups, sell before earnings.

Breakouts that gapped above the level did worse at every gap size. Selling before earnings beat holding through them, and it takes the overnight gap risk off the table.

> **What I do with this:** I trade fewer breakouts. Only the strongest names in the strongest groups, only when the light is on, no gap-ups, and I’m out before earnings.

Backtested results are hypothetical: real 5-minute entries and 0.1% slippage each way, no commissions or taxes. Averages cap a single trade at 20R. Losing trades and stocks that were later delisted are included.

CHAPTER 4

The system

Momentum swing trading: stocks that are already moving, bought on a breakout from a tight range, held for days to weeks.

What I look for: the checklist

- A 30%+ move before the stock started going sideways
- 3 to 20+ days of sideways range, ideally with higher lows and lower highs
- Tight, narrow price action right before the breakout
- Price above and surfing the 10- and 20-day moving averages
- Volume drying up inside the range
- Not extended, smooth rather than choppy, and liquid (no barcode-like candles)
- ADR of 5%+ preferred, 4% at the very least
- A strong sector or theme behind it
- On the breakout day: volume above the previous days, and a close near the high

Entry, stop and size

- **Entry:** above the breakout level. The alert goes there the night before; I don't chase.
- **Don't chase:** if it's already 5–10% past the level when I see it, the trade is gone. The edge is at the level.
- **Stop:** the low of the breakout day.
- **Size:** 1% of the account at risk, set by the market filter below. Never more.
- **Manage:** trim into strength, raise the stop, let the rest run.
- **Never:** buy right before earnings, or trade biotech. A gap on news ignores your stop.

The market filter

Before I look at a single chart, I check SPY and QQQ. If either has its 10-day moving average under its 20-day, I don't take new breakouts.

On	10-day above 20-day on both, both closing above their 20-day	**1% risk**
Caution	Trend still up, but one closed under its 20-day	**0.5% risk**
Off	10-day under 20-day on SPY or QQQ	**No new breakouts**

Sitting in cash when the light is off is a position. It's often the best one you can have.

CHAPTER 5

The nightly routine

Ten minutes after the close, every weeknight. The plan is made while you're calm, so the next morning you only execute it.

STEP 1

Check the light. Is the market rewarding breakouts right now? The filter from chapter 4 answers it before you open a single chart.

STEP 2

Find the strongest groups. Rank sectors and themes against the S&P 500. Money moves in groups, and the leaders come from the leading groups.

STEP 3

Screen for setups inside them. Run the checklist on the stocks in those groups. Keep the strongest name in each group; skip gap-ups and anything reporting earnings soon.

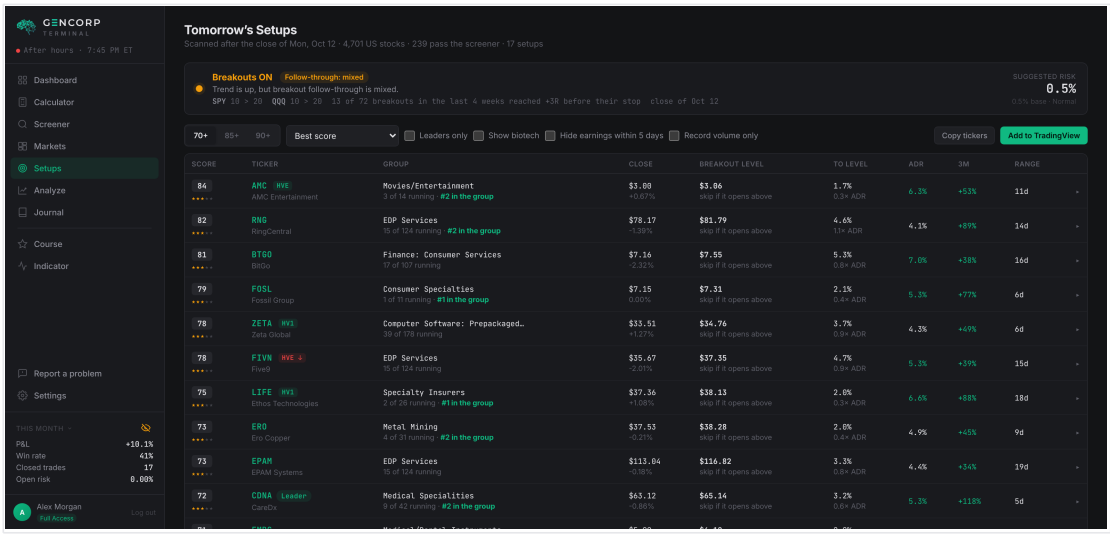
STEP 4

Size and set alerts. Set the alert at the breakout level and work out your size from 1% risk; the stop goes at the day's low once it triggers. Then close the screens.

STEP 5

Let the setups come to you. At the open, act only on alerts that fire at your level. Miss it, and you missed it.

I run this routine in the Gencorp Terminal, the tool I built for it. It scans thousands of US stocks after the close and scores every setup on the checklist. You can do the same in TradingView with a screener; it just takes longer.



Tomorrow's Setups in the Gencorp Terminal: the market light, the scored list and the strongest groups, after the close.

CHAPTER 6

The weekly review

Your P&L tells you what happened. Your review tells you why, and it's the only part you control.

Before every trade, finish one sentence

> **"I'm wrong on this trade when..."** If you can't finish it clearly, you don't have a trade. You have a hope.

Every week, answer these four

- Did every trade meet the checklist? Which ones didn't, and why did I take them?
- Did I follow the market light, and the size it called for?
- Where did I break a rule: entry, stop, size or exit?
- What's the one thing to do 1% better next week?

Grade the process, not the outcome

Give each trade an A if you followed every rule, whatever it made. A losing A-trade is a good trade. A winning trade where you moved your stop is a bad one that happened to pay, and it's the most expensive habit you can build.

Log every trade with the entry, stop, size, reason and how you felt. After 20 trades, the pattern in your mistakes is usually obvious, and it's almost never the strategy.

CHAPTER 7

Taking it further

You can run this system on your own. Most people get there faster when they watch it applied live and get feedback on their own trades.

FREE

The free Discord and Monday live session

Join the community and trade the open with me live every Monday, for free.

Join the free Discord →

MENTORSHIP

Trade the system alongside me

Every trade I take, shared in real time with the reasoning behind it. Daily live trading, weekly group reviews of your trades, the full course, and the Gencorp Terminal with Tomorrow's Setups.

See the mentorship →

1-ON-1 · BY APPLICATION

90 days working directly with me

For traders with $10K+. A call every week, every trade you take reviewed with you, and a written trading plan built for your account. Spots are limited.

Apply for the 1-on-1 →



"I was completely new to trading when I joined. Dimitry's 1-on-1 calls gave me the confidence to make my first profitable trades."

Liam · started as a beginner

APPENDIX

Starting from zero

If you haven’t traded real money yet, do these five steps first. Then read the playbook from chapter 1.

1. Pick one style and one market.

Momentum swing trading in stocks fits a full schedule: you scan in the evening and place orders the next day. Skip scalping, and don’t mix forex, crypto and options at the start.

2. Set up a clean environment.

A broker (Webull in the US, Interactive Brokers internationally), TradingView for charts, and a place where you can ask questions.

3. Learn the foundations.

Trend structure (higher highs and lows), risk-to-reward and position sizing, basic candles, and how breakouts and volume work. Spend a week on these, until you can explain them.

4. Paper trade with purpose.

Trade the checklist exactly as if it were real and log every trade. After 10–15 trades, review: did you follow the plan, and which mistakes repeated? Don’t stay there forever.

5. Go live with micro risk.

Real money changes how you feel, even with $50 positions. Take 20–30 small trades to build execution, and log your emotions as well as the numbers.

> **Done with these?** Turn back to chapter 1. That’s where consistency starts.

NEXT STEP

See the system applied live, every market day.

Every trade I take, the reasoning behind it, and feedback on yours.

gencorptrading.com · the mentorship

gencorptrading.com/apply · 1-on-1, for $10K+ accounts

The free Discord · Monday live sessions

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